

# Fall Prevention Program Reboot

**Session Title:** Getting to the “Root” of the Fall with Root Cause Analysis

**Presentation Date:** June 24, 2026

**Presented By:**

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**Course Description:**

Effective fall management interventions cannot be implemented if the root cause of the fall has not been identified. This session will focus on completion of a detailed root cause analysis that will guide the facility in determining the underlying cause of falls. Sample methods for root cause analysis will be discussed along with the critical components that must be reviewed for a thorough evaluation of resident fall contributing factors. Strategies for staff involvement will be explored that will lead to successful team fall reduction outcomes.

**Learning Objectives**

1. Become familiar with methods for conducting Fall Root Cause Analysis.
2. Identify the critical components for completing a thorough fall evaluation.
3. Understand strategies for team member involvement in root cause analysis.

**Course Content**

20 min.: Review of a variety of methods for conducting Fall Root Cause Analysis.

20 min.: Examination and discussion of the critical components for completing a thorough fall evaluation.

15 min.: Identification of strategies for team member involvement in Fall Root Cause Analysis.

5 min.: Questions and answers

**Target Audience:** Nursing Leadership staff (DON, ADON, Unit Managers, Nursing Supervisors), Administrators, IDT Fall Investigation Members, Therapy, Restorative, QA/Risk Management Staff

**Instructional Level:** Intermediate

**Program Length:** 60 minutes

<b>List Learning Objectives: What participants will gain from attending this session:</b>	<b>Content: Bullet-point list of information covered to meet learning objective</b>
1. Become familiar with methods for conducting Fall Root Cause Analysis.	<ul style="list-style-type: none"><li>• Review of the CMS resources for Root Cause Analysis</li><li>• Review of other resources for Root Cause Analysis (AHRQ, CDC STEADI program, QIO organizations)</li></ul>
2. Identify the critical components for completing a thorough fall evaluation.	<ul style="list-style-type: none"><li>• Examination and discussion of critical components for completing a thorough fall evaluation.<ul style="list-style-type: none"><li>-Fall scene investigation</li><li>-Fall Risk Assessment review</li><li>-Medication review</li><li>-Resident and staff interviews</li><li>-Fall tracking/trending</li></ul></li></ul>

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3. Understand strategies for team member involvement in root cause analysis.

- Review of IDT roles in Fall Root Cause Analysis
- Discussion of the impact of IDT meetings on identification of the root cause of falls